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The New Mums Notebook

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is no 'right' way to do things – only HER way.

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The New Mum's Notebook - Perfect New Mum Gift

The New Mum's Notebook, written by Amy Ransom - mum of three and

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creator of the Surviving Motherhood blog - does all this and more. From night feeds, napping and weaning, to which films to cue up on Netflix, finding some headspace and getting all the support, coffee and cake you need, Amy has been there - and this is the book she wishes she'd had by her side.

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The New Mums Notebook
The New Mum ' s Notebook is 304 pages, priced at £25 (including P&P) and will be available via the website from June. You can subscribe to the mailing list to be the first to order (and receive tasters in the meantime). It will also be available to buy from selected retailers, to be announced shortly.

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The New Mum's Notebook - Surviving motherhood

A sequel to the successful New Mum 's Notebook, this inspirational journal lets mothers record their thoughts and feelings. Includes quotes of

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The New Mum 's Notebook, written by Amy Ransom – mum of three and creator of the Surviving Motherhood blog – does all this and more. From night feeds, napping and weaning, to which films to cue up on Netflix, finding some headspace and getting all the support, coffee and cake you need, Amy has been there – and this is the book she wishes she 'd had by her side.

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The New Mum's Notebook:

Amazon.co.uk: Ransom, Amy ...

The Not-So-New Mum 's Notebook is every mum 's essential companion and journal BEYOND THE FIRST YEAR - whether you have a toddler or pre-schooler in tow. Reassuring, joyful and down-to-earth, it will inspire and encourage you – and make you see that YOU'RE A GREAT MUM, JUST AS YOU ARE.

The Not-So-New Mum 's Notebook:

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Reassuring and down-to-earth, The New Mum's Notebook is everything you need for the first year of life with your newborn. What do the new mums want most of the time? They want someone to tell them that what they're right now feeling is 'normal'.

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The New Mum's Notebook, by author, Amy Ransom does all this and more.

The New Mum's Notebook

This sanity -saving journal for all new mums is divided into the first months of motherhood. With 304 pages of reassurance , love and humour, as well as spaces to scribble thoughts, feelings and memories.

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The New Mum's Notebook by Amy Ransom, Gina Murray ...

She ' s also the author of The New Mum ' s Notebook, The Not-So-New Mum ' s Notebook and The School Mum ' s Notebook, sanity saving journals to support mums and their wellbeing in every stage of motherhood, which she created after suffering from PND with her third baby. Find them at notebooksformums.co.uk.

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