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## **Christopher McDougall – New York Times Bestselling Author**

Christopher McDougall (born 1962) is an American author and journalist. He is best known for his 2009 book Born to Run: A Hidden Tribe, Superathletes, and the Greatest Race the World Has Never Seen. He has also written for Esquire, The New York Times Magazine, Outside, Men's Journal, and New York, and was a contributing editor for Men's Health.

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